

ATHLETE INJURY & ILLNESS MANAGEMENT

What option is for me?



SELF-CARE

NHS Inform Scotland's national health information service for information on early injury or illness management
www.nhsinform.scot



NHS24

The 111 service is here to provide urgent health advice out of hours, when your GP Practice or Dentist is closed
www.nhs24.scot



MINOR INJURIES UNIT

OPEN 7 DAYS 8am-9pm

Western General Hospital, Crewe Road South, Edinburgh, EH4 2XU
T: 0131 537 3481



NHS SERVICES: A&E

OPEN 7 DAYS 24 HRS

Emergency Department
Royal Infirmary of Edinburgh, 51 Little France Crescent,
Old Dalkeith Road, Edinburgh, EH16 4SA T:0131 536 1000



SPORT & EXERCISE

FASIC
Sport & Exercise
Medicine Clinic

Our services

FASIC Sport & Exercise Medicine Clinic offers discounted rates for students and staff for physiotherapy and sports medicine

Pleasance Sports Complex & Gym
T:0131 650 2578 FASIC@ed.ac.uk

Remember **Call 999** for life-threatening conditions that need immediate medical attention.