

Sports Union Clubs entry to Sport & Exercise St Leonards

All clubs training within the St Leonards facility should follow the below guidelines:

Access to the building is via the red doors off Holyrood Road or through the door from the car park.

You can exit the building via the staff entrance (See image 2) onto Holyrood Road or through the door from the car park.

Games Hall:

- Teams should wait outside the red doors prior to when your session is due to start (see image 1).
- Once all members have arrived the group should enter the building via the entrance point and go straight to your venue – as one group, socially distanced via the Gym 2 stairs to floor 3.
- COVID Officer should oversee all participants entering the building and ensure they are all part of their session.
- At the end of your session members should leave the building immediately, through the doors into the changing rooms and follow the signs within the building.
- Please be mindful of other groups using the facility and keep a safe distance from any other groups



Image 1



Image 2

Gym 2 & Free Weights:

- Teams should wait in the car park prior to your session starting and enter through the silver doors (see image 3).
- Once all members have arrived the group should enter the building via the entrance point and go straight to your venue – as one group, socially distanced.
- COVID Officer should oversee all participants entering the building and ensure they are all part of their session.
- At the end of your session members should leave the building immediately, through the door at the far end of Free Weights by the store cupboard and follow the signs within the building.
- Please be mindful of other groups using the facility and keep a safe distance from any other groups



Image 3

Gym 3:

- Teams should wait outside the red doors prior to when your session is due to start (see image 1).
- Once all members have arrived the group should enter the building via the entrance point and go straight to your venue – as one group, socially distanced via the Gym 2 stairs to floor 4.
- COVID Officer should oversee all participants entering the building and ensure they are all part of their session.
- At the end of your session members should leave the building immediately, through the fire exit corridor into the Dance Studio and out the exit to your left and follow the signs within the building.

- Please be mindful of other groups using the facility and keep a safe distance from any other groups

Dance Studio:

- Teams should wait outside the red doors prior to when your session is due to start (see image 1).
- Once all members have arrived the group should enter the building via the entrance point and go straight to your venue – as one group, socially distanced via the Gym 2 stairs to floor 4.
- COVID Officer should oversee all participants entering the building and ensure they are all part of their session.
- At the end of your session members should leave the building immediately, through the exit at the far end of the Dance Studio and follow the signs within the building.
- Please be mindful of other groups using the facility and keep a safe distance from any other groups

Pool:

- Teams should wait outside the red doors prior to when your session is due to start (see image 1).
- Once all members have arrived the group should enter the building via the entrance point and go straight to your venue – as one group, socially distanced via the Gym 2 stairs to floor 3 and follow the corridor round to the pool entrance.
- COVID Officer should oversee all participants entering the building and ensure they are all part of their session.
- At the end of your session members should leave the building immediately, through the exit stairs opposite the pool entrance and follow the signs within the building.
- Please be mindful of other groups using the facility and keep a safe distance from any other groups