

Games Hall (Floor 3)

	0630-0700	0700-0730	0730-0800	0800-0830	0830-0900	0900-0930	0930-1000	1000-1030	1030-1100	1100-1130	1130-1200	1200-1230	1230-1300	1300-1330	1330-1400	1400-1430	1430-1500	1500-1530	1530-1600	1600-1630	1630-1700	1700-1730	1730-1800	1800-1830	1830-1900	1900-1930	1930-2000	2000-2030	2030-2100	2100-2130
MON	Korfball 0630-0830					Academic Time													Basketball W1 1700-1930			Volleyball 1930-2130								
TUE	Badminton 2 & 3 0630-0830					Academic Time													Cricket 1700-1930			Volleyball W 1930-2130								
WED	Volleyball 0630-0830					Academic Time						Netball 3 & 4 1300-1445		Netball 5 & 6 1445-1630		Korfball 1630-1830			Badminton WC 1830-2130											
THU	Korfball 0630-0830					Academic Time													Cricket 1700-1930			Volleyball 1930-2130								
FRI	Netball 1 & 2 0630-0830					Academic Time													Badminton 1 1700-1830		Volleyball 1830-2000		Ultimate Frisbee 2000-2130							
SAT						Badminton WC 0900-1200			Fixtures 1200-1400			Volleyball 1400-1530		Basketball M2/3 1530-1730																
SUN						Ultimate Training 0900-1100		Fixtures 1100-1300			Fixtures 1300-1500			Basketball W2/3 1530-1730																

Gym 2

Mats

	0630-0700	0700-0730	0730-0800	0800-0830	0830-0900	0900-0930	0930-1000	1000-1030	1030-1100	1100-1130	1130-1200	1200-1230	1230-1300	1300-1330	1330-1400	1400-1430	1430-1500	1500-1530	1530-1600	1600-1630	1630-1700	1700-1730	1730-1800	1800-1830	1830-1900	1900-1930	1930-2000	2000-2030	2030-2100	2100-2130
MON	Judo 0630-0830					Academic Time											Kickboxing 1700-1930			Boxing 1930-2130										
TUE	Ju Jitsu 0630-0830					Academic Time											Judo 1700-1930			Boxing 1930-2130										
WED	0630-0900					Academic Time						Fencing 1300-1730					Ju Jitsu 1730-1930		Kickboxing 1930-2130											
THU	0630-0900					Academic Time											Boxing 1700-1930			Judo 1930-2130										
FRI	Lacrosse 0630-0830					Academic Time											Boxing 1700-1930			Kickboxing 1930-2130										
SAT						Perf Fencing	Boxing 0945-1145			Judo 1145-1415			Ju Jitsu 1415-1730																	
SUN						0900-1100			Shukokai 1100-1300			1300-1730																		

Specialist Gym 3

2 Fencing Pistes

	0630-0700	0700-0730	0730-0800	0800-0830	0830-0900	0900-0930	0930-1000	1000-1030	1030-1100	1100-1130	1130-1200	1200-1230	1230-1300	1300-1330	1330-1400	1400-1430	1430-1500	1500-1530	1530-1600	1600-1630	1630-1700	1700-1730	1730-1800	1800-1830	1830-1900	1900-1930	1930-2000	2000-2030	2030-2100	2100-2130
MON	W Football / H&H Circuits 0630-0830					Academic Time											Cheerleading 1700-1900		Table Tennis Fixture 1900-2130											
TUE	Badminton / WP Circuits 0630-0830					Academic Time											Cheerleading 1700-1930		Shukokai 1930-2130											
WED	Trampoline & Cricket Circuits 0630-0830					Academic Time						Gymnastics 1300-1730					H&H 1730-1830	Table Tennis Fixture 1830-2130												
THU	0630-0900					Academic Time											Gymnastics 1700-1930		Scottish Table Tennis 1915-2130											
FRI	Squash / WP Circuits 0630-0830					Academic Time											Gymnastics 1700-1915		Scottish Table Tennis 1915-2130											
SAT						0900-1000	Taekwondo 1000-1200		Gymnastics 1200-1430			Table Tennis Training 1430-1730																		
SUN						0900-1030		Cheerleading 1030-1200		Cheerleading 1200-1500			1500-1730																	

Dance Studio

Mats

	0630-0700	0700-0730	0730-0800	0800-0830	0830-0900	0900-0930	0930-1000	1000-1030	1030-1100	1100-1130	1130-1200	1200-1230	1230-1300	1300-1330	1330-1400	1400-1430	1430-1500	1500-1530	1530-1600	1600-1630	1630-1700	1700-1730	1730-1800	1800-1830	1830-1900	1900-1930	1930-2000	2000-2030	2030-2100	2100-2130
MON	Table Tennis Training 0630-0830					Academic Time													Fencing 1700-2130											
TUE	Table Tennis Training 0630-0830					Academic Time													Fencing 1700-1915		Taekwondo 1930-2130									
WED	Table Tennis Training 0630-0830					Academic Time						Fencing / Table Tennis Fixture 1300-1700							Shotokan 1730-1930		Taekwondo 1930-2130									
THU	Table Tennis Training 0630-0830					Academic Time													Ju Jitsu 1700-1915		Taekwondo 1930-2130									
FRI	Table Tennis Training 0630-0830					Academic Time													Kickboxing 1700-1845		Table Tennis fixture 1900-2130									
SAT						Shukokai 0900-1100		Fencing 1100-1300			Kickboxing 1300-1530			Shotokan 1530-1730																
SUN						0900-1000	Shotokan 1000-1200				Fencing 1230-1730																			

Free Weights

	0600-0630	0630-0700	0700-0730	0730-0800	0800-0830	0830-0900	0900-0930	0930-1000	1000-1030	1030-1100	1100-1130	1130-1200	1200-1230	1230-1300	1300-1330	1330-1400	1400-1430	1430-1500	1500-1530	1530-1600	1600-1630	1630-1700	1700-1730	1730-1800	1800-1830	1830-1900	1900-1930	1930-2000	2000-2030	2030-2100	2100-2130
MON	SIS 0615-0815 (15ppi)		0600-0830		EU Academic												P/Swim 1400-1500	1500-1730			P/Rugby 1730-1900		Weightlifting 1900-2130								
TUE	Performance Row & Swimming 0630-1000				EU Academic												1600-1700	P/Row 1700-1800	Edinburgh Barbell 1800-1900	Weightlifting 1900-2130											
WED	SIS 0615-0815 (15ppi)		0600-0830		EU Academic												Weightlifting 1600-1800		1800-2000		Edinburgh Barbell 2000-2100										
THU	Performance Row & Swimming 0630-1000				EU Academic												1600-1800		Edinburgh Barbell 1800-1900	Weightlifting 1900-2130											
FRI	SIS 0615-0815 (15ppi)		P/ Row (10ppi) 0630-0745		EU Academic												1600-1800		Edinburgh Barbell 1800-1900	Athletics 1900-2100											
SAT							0900-1000	Edinburgh Barbell 1000-1100	1100-1200	Weightlifting 1200-1430		1430-1730																			
SUN							0900-1730																								